

HEALTHCARE

CUSTOM CONTENT • January 13, 2025



Located at the corner of Jamboree Road and Birch Street in Irvine, the \$1.3 billion all-electric medical complex features three main structures:

- **The Joe C. Wen & Family Center for Advanced Care**, a five-story, 168,000-square-foot medical facility offering the full range of multidisciplinary specialty care for children and adults under one roof, an urgent care center open daily, a comprehensive lab and imaging services and the new home of the UCI Health Center for Autism & Neurodevelopmental Disorders. **Opened spring 2024 — now serving patients.**
- **The Chao Family Comprehensive Cancer Center & Ambulatory Care building**, a five-story, 225,000-square-foot tower with 52 exam rooms, 42 infusion stations and eight operating rooms — giving patients immediate access to a multidisciplinary team of cancer experts and clinical trials, all conveniently located under one roof. **Opened summer 2024 — now serving patients.**
- **An acute care hospital tower** spanning seven stories and 350,000 square feet with 144 inpatient beds, 10 advanced operating suites, interventional radiology, catheterization services, advanced imaging, pharmacy services, a blood bank and a 24-hour emergency department with 20 treatment rooms. **Opening 2025.**

“No other health system in the county is powered by one of the world’s finest academic research institutions: the University of California. Our goal is to make this expertise easily available to everyone in Orange County.”

— Chad Lefteris, CEO of UCI Health

UCI Health — Irvine adds to the growing list of accolades for one of California’s leading academic health systems, including:

- The nation’s first medical campus powered by an all-electric utility plant when the acute care hospital opens next year.
- The only National Cancer Institute-designated comprehensive cancer center based in Orange County.
- The region’s only hematopoietic stem cell transplant program for adults who need advanced treatment for blood cancers and other disorders.
- More clinical trials in cancer, internal medicine and other specialties than any health system in Orange County.

We look forward to expanding our impact even further when the new hospital is completed.

Highlights at a glance

Complementing our flagship UCI Medical Center in Orange, UCI Health — Irvine offers many advanced specialty services, including:

- Cancer
- Cardiology
- Digestive health
- Gynecology
- Neurodevelopmental disorders
- Neurological disorders
- Orthopaedics
- Pain management
- Spine
- Sports medicine
- Women’s health

By the numbers:

- \$1.3 billion investment
- 1.2 million-square-foot medical campus on 27.5 acres
- 800,000 square feet of clinical space
- 2,200 parking spaces in two structures
- 280,000 outpatient visits annually
- 1,200+ healthcare jobs at opening, ramping up over time

Invest in transformative healthcare for our community



Be a part of the brilliant future of healthcare. Opportunities are available to name the new hospital and other areas within the UCI Health — Irvine medical complex. To learn more about how you can make an impact, visit

ucihealth.org/irvinehospital or contact Brian T. Hervey, CGPP, CFRE, vice chancellor, University Advancement and Alumni Relations, and president, UC Irvine Foundation, bhervey@uci.edu.

UCI Health

Be part of the next chapter of healthcare,
here in your community. Help us complete
our world-class medical center in Irvine.



UCI Health is redefining the future of healthcare for you, your loved ones and people across the globe. As Orange County's only academic health system, we are uniquely positioned to push the boundaries of what healthcare can and should be.

Now, the new UCI Health — Irvine medical complex is bringing unparalleled expertise, leading-edge treatments and the finest evidence-based care to residents of coastal and south Orange County.



WORLD *of* EXCELLENCE

Kenneth J. Chang, MD

*Executive Medical Director,
Digestive Health Institute*

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“Healing is
a journey of
restoration and
compassion.”

Kenneth J. Chang, MD

Executive Medical Director, Digestive Health Institute

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Watch Dr. Chang's story at [hoag.org/excellence](https://www.hoag.org/excellence)



For more information about Kaiser Permanente, visit kp.org/orangecounty

Orange County's Top Doctors

On behalf of all of Kaiser Permanente's Orange County physicians, congratulations to our 116 colleagues named "2025 Physicians of Excellence" by the *Orange County Medical Association*.

With more than 1,400 doctors and nearly 90 specialties, you can count on our entire team of quality caregivers to support you and your total health.

Because you're our top priority.

Get high-quality care – close to home

Choose from any of Kaiser Permanente Orange County's convenient care options, including:

- 2 world-class hospitals
 - Anaheim and Irvine Medical Centers
- More than 20 multi-specialty medical offices
- 3 Urgent care centers
- 4 Target Clinics

Integrative concierge care surpasses retiree's expectations



Austin Buffum was on a quest to take charge of his health by pursuing a healthcare team that provided personalized, comprehensive support.

The 77-year-old retiree had tried other concierge programs, but none offered the depth of care he was seeking. That all changed when he joined the Integrative Concierge Care program at the UCI Health Susan Samueli Integrative Health Institute.

He appreciated their unique approach to healthcare where the team thoughtfully assesses the whole person to better understand the root causes of any health issues while incorporating both traditional and integrative medicine strategies to solve them.

"This is, by far, the best concierge program," Buffum said.

A lifestyle-based approach

Buffum's integrative concierge care physician, Ryan Herring, MD, MPH, is dual board-certified in preventive and lifestyle medicine.

"I prioritize a lifestyle-based approach for my patients. Going beyond simply managing symptoms, I work closely with them to identify underlying factors — such as nutrition, physical activity, stress and sleep — that impact overall well-being," says Herring. "Then I help them build sustainable habits that support their long-term health goals."

Buffum also has access to a variety of innovative services through the program including body composition analysis, personalized nutrition assessments, stress management techniques, health coaching, massage therapy, acupuncture and more.

"This proactive approach not only improves

a person's quality of life but also reduces the risk of chronic diseases, enabling them to thrive rather than just survive," Herring says.

Coordinated care

Quick and personalized access to healthcare, with Herring at the helm, has been vital for Buffum.

When health issues arise, like the pneumonia he has experienced several times, Herring refers him to top specialists and stays actively involved in coordinating care.

This level of communication provided Buffum peace of mind throughout his recovery, knowing that everyone was on the same page. "That was a key factor. He has been outstanding," Buffum says.

Attentive access

Another profound difference for Buffum is the time Herring dedicates to his care.

With a limited number of members, the Integrative Concierge Care program ensures that each person has access to extended appointments, same-day visits and 24/7 communication with their physician.

"I have never had a doctor spend as much time with me. Dr. Herring does not rush. I feel like I have his full attention for as long as I need it," says Buffum. And when he has an urgent question about his health, Herring is quick to respond to messages.

"If I need help, he sees that I get it," Buffum says.

Buffum is confident in his decision to continue with the Integrative Concierge Care program.

"It far exceeds anything that I've experienced," he says, a testament to the level of personalized, whole person care he was looking for and received.

Consistent,
exclusive
access to
whole-person care



The Integrative Concierge Care program at the UCI Health Susan Samueli Integrative Health Institute is designed for patients with demanding schedules and a passion for whole person care. Our clinicians care for a limited number of patients, which means you get exclusive, extended visits and 24/7 direct access.

To schedule your complimentary initial appointment, call 949-386-5700.

UCI Health

Susan Samueli
Integrative Health Institute

ssihi.uci.edu

BUILT FOR BEATING CANCER



Orange County's only cancer specialty hospital

Opening Fall 2025

Our state-of-the-art hospital will bring more cancer-focused expertise, more leading-edge clinical trials, and more research and treatments that save lives. More hope, delivered by nationally ranked cancer care.

888.333.HOPE (4673) | CityofHope.org/OC



ORANGE COUNTY



Pictured l-r: Jon L. White, MD; Balaji Charlu, MD; Jeremy Smith, MD; Michael Gordon, MD; Mark Hambly, MD; Michael Danto, MD and Richard Lee, MD, are part of HOI's multidisciplinary operative and nonoperative spine care team

Back Pain? Trust the Experts at Hoag Orthopedic Institute

Orthopedics & Spine – It's All We Do

If you have undiagnosed back pain or have been diagnosed with a condition such as a herniated disc or spinal stenosis, it can be overwhelming to know where to begin with finding relief. Treatment recommendations, quality of care and the patient experience can all vary widely depending on where you go. That's why when it comes to choosing spine care, you can trust Hoag Orthopedic Institute (HOI) as Orange County's leading hospital, backed by high patient experience ratings and the highest volume of spine care patients treated.

"When back pain patients come into HOI, we are looking comprehensively at the patient to ensure they receive the optimal course of treatment..." — DR. JEREMY SMITH

At HOI, we are laser focused on providing the best spine care available—both in conservative and surgical approaches. We are proud of our stellar reputation as the only hospital in Southern California to achieve a 5-Star Rating for Patient Experience from CMS. Even our Google reviews shine, earning an average 4.7-star patient rating.

Because our staff is 100% focused on musculoskeletal health, HOI's physicians are experts in diagnosing and treating back and neck pain. Since most patients with back pain do not require surgery, our team looks at each patient as an individual, taking into account everything from what they are eating to how they can strengthen their spine, and pain relief options that include conservative and alternative therapies.

Non-Surgical and Therapeutic Spine Care at HOI

"There are many non-operative treatments that effectively treat acute and chronic back pain," says Mark Hambly, MD, medical director of HOI's 'Back to You' conservative spine program and a retired spine surgeon.

The HOI 'Back to You' program is an evidence-based approach to treating back pain. It is a circuit-based spinal strengthening program that includes patient education regarding the physiology of pain and the role that diet plays in inflammation. Their progress is tracked with strength measurements. When patients get stronger, improved function and decreased pain typically result.

In addition to the 'Back to You' program, HOI's 27 spine surgeons practice alongside a team of specialists that include physiatrists, pain management physicians, physical therapists and other specialists who provide a conservative approach to back pain. Non-operative options may include exercise, spinal injections, interventional spinal therapeutics, oral pain medication, acupuncture and cognitive behavioral therapy.

Unmatched Surgical Expertise for Back Pain

If surgery is needed, no hospital in Orange County performs more spine surgeries than HOI, with an increasing number of patients able to go home the same day. Our renowned, fellowship-trained spine surgeons—including both orthopedic surgeons and neurosurgeons—specialize in treating a range of conditions affecting the back and neck. Our surgeons are recognized experts in performing revisions on patients with failed back surgery syndrome, a condition that occurs in patients who have had one or more back surgeries without long-term relief of symptoms.



Jeremy Smith, MD

"When back pain patients come into HOI, we are looking comprehensively at the patient to ensure they receive the optimal course of treatment," said Dr. Jeremy Smith, an orthopedic spine surgeon and Division Chief of Spine Surgery at HOI. "Non-operative methods are routinely the first line of treatment. If surgery is later indicated, we employ the most up-to-date and advanced technology available anywhere to help guide and optimize surgery in the least invasive way, all while ensuring we are wholly focused on patient outcomes and safety. And if the patient has a complex deformity or is suffering from a failed surgery, HOI offers both surgical and therapeutic options to help fully resolve the condition."

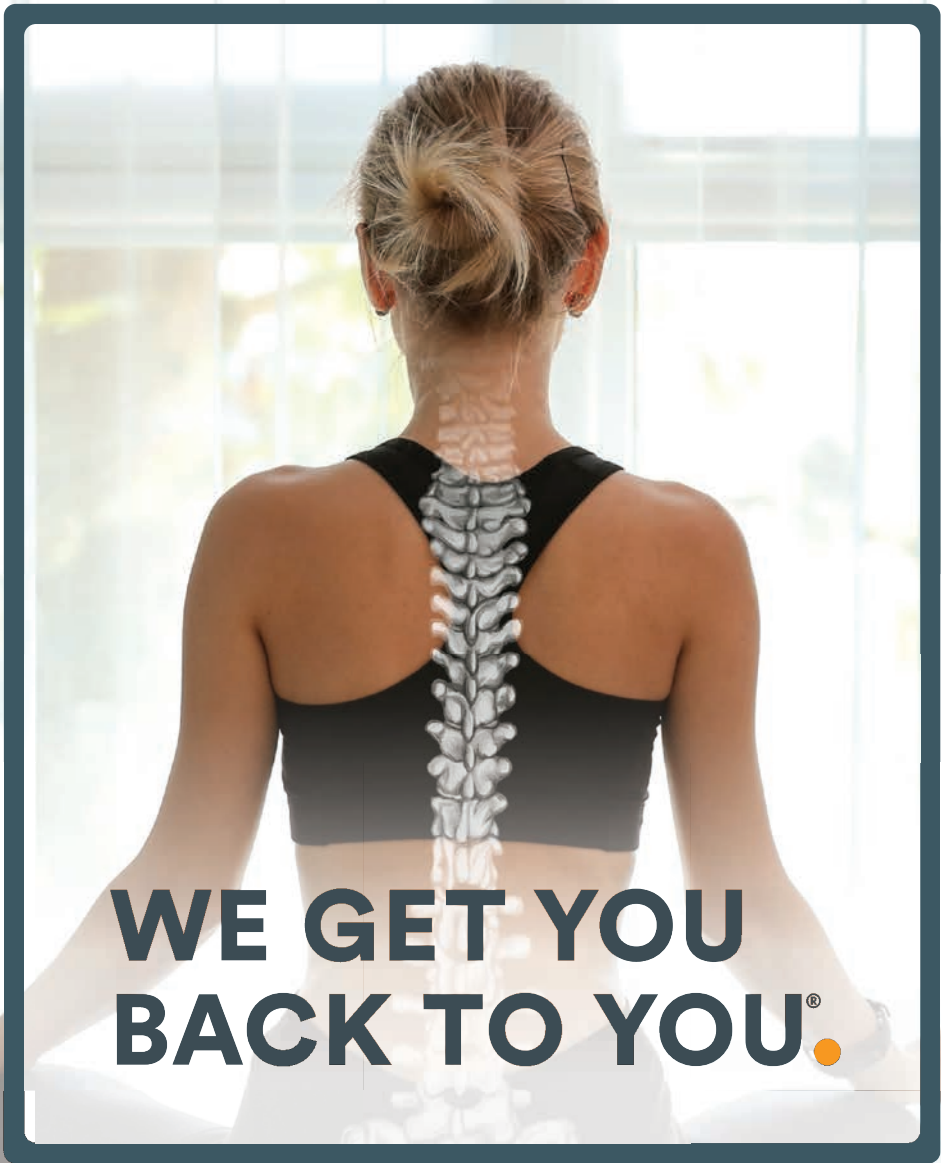
HOI's depth of expertise has helped us achieve excellent outcomes in the nearly 2,400 spine surgeries performed at our hospital and surgery centers last year. In addition to surgery at our main hospital in Irvine, complex spine surgeries also take place in HOI's affiliated surgery centers across Orange County and in Beverly Hills. With the enhancement of minimally invasive surgeries, including endoscopic and robotic surgeries, HOI patients benefit from the expertise that our fellowship trained spine surgeons offer.

At HOI, You'll Receive Expert, Personalized Care—From Diagnosis Through Recovery—For Your Back and Neck Pain

From your first X-ray to rehabilitation and recovery, your team at HOI is highly experienced in caring for your exact condition. At HOI, it's all we do.

To learn more about our spine program or find a physician, visit HOIExperts.com/Spine or call 949-705-6493.

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**WE GET YOU
BACK TO YOU.®**

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Orthopedics & Spine – It’s All We Do

Of the 27 hospitals in Orange County, **only one** specializes exclusively in orthopedics and spine: **Hoag Orthopedic Institute.**

If you are dealing with pain after a previous spine surgery, or still not back to doing what you love, the experts at Hoag Orthopedic Institute can help you get **BACK TO YOU.®**

Visit HOlexperts.com or call **949-705-6493.**

**Hoag
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Institute.**



Proudly founded by our premier physicians in partnership with Hoag.

City of Hope to Open Orange County's Only Cancer Specialty Hospital in 2025



City of Hope®, one of the largest and most advanced cancer research and treatment organizations in the U.S. and ranked among the nation's top 5 for cancer care by *U.S. News & World Report*, is bringing more cancer-focused expertise to Orange County with the 2025 opening of the region's only cancer specialty hospital.

The hospital, where every physician and staff member is solely focused on preventing, treating, and curing cancer, will anchor City of Hope's academic cancer campus in Irvine's Great Park. It will be seamlessly connected to City of Hope Orange County Lennar Foundation Cancer Center, Orange County's most advanced comprehensive cancer center. This innovative model will ensure a collaborative, patient-centered experience where people with cancer receive a full continuum of advanced cancer care and services.

"We are fulfilling our promise to the people of Orange County to provide more local access to nationally recognized cancer expertise, lifesaving research and the most cancer-focused clinical trials in California," said Annette Walker, President, City of Hope Orange County. "We can't wait to open the doors to this needed resource in our community. City of Hope is where cancer loses and life wins."

MORE CLINICAL TRIALS, MORE RESEARCH AND TREATMENTS THAT SAVE LIVES

The new facility will also expand clinical trial offerings for Orange County.

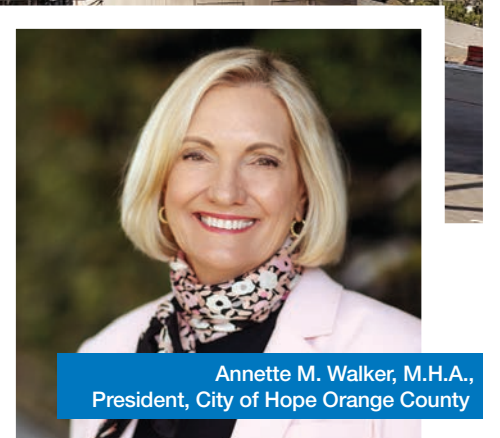
City of Hope trailblazes research that helps patients right now – not years from now. This immediacy of focus has made City of Hope a worldwide leader in cancer research. Each year, City of Hope experts conduct more than 800 Phase 1 to 3 clinical trials – including first-in-human – offering promising new treatments years before they become widely available.

The hospital will be home to an expanded roster of world-renowned physicians and researchers with unsurpassed expertise in all kinds of cancers. This extraordinary bench of knowledge includes internationally noted specialists in blood cancers, along with breast, lung, colon, prostate, gynecologic cancers, and other solid tumors.

A BEACON OF HOPE APPEARS ON THE SKYLINE

The cancer-focused hospital is being thoughtfully designed with patient comfort in mind, incorporating input from the diverse local community. The goal, as with all care at City of Hope, is for patients to know immediately upon walking through the doors that they have found a place of hope and healing.

To connect with a City of Hope cancer specialist today, call 888.333.HOPE (4673).



Annette M. Walker, M.H.A.,
President, City of Hope Orange County





Southern California's Doheny Eye Institute is Advancing Vision Science

Doheny Eye Institute is a global leader in vision science, dedicated to conserving, improving, and restoring human eyesight. Doheny scientists study several ocular diseases, including diabetic retinopathy, uveitis, and age-related macular degeneration (AMD), to uncover the mechanisms behind vision loss and support the development of effective treatments.

Recent achievements include:

- **Deborah A. Ferrington, PhD**, Doheny's Chief Scientific Officer, co-authored a paper on genetic and environmental risk factors for AMD.
- **Yuhua Zhang, PhD**, Principal Investigator at Doheny and Professor of Ophthalmology at the UCLA Geffen School of Medicine, was among a team of scientists to receive an award from the National Institutes of Health (NIH) Common Fund Venture Program Oculomics Initiative supporting cerebral small vessel disease detection.
- **Srinivas R. Sadda, MD**, Director of Artificial Intelligence & Imaging Research at Doheny and Professor of Ophthalmology at the UCLA Geffen School of Medicine, co-authored a paper on a new deep-learning computer framework using artificial intelligence, called SLIViT, that can teach itself to analyze and diagnose 3D medical images with accuracy.

By leveraging innovative technology and envisioning new scientific approaches, Doheny continues to make important breakthroughs – all possible through generous contributions that support the nonprofit Institute's work. To learn more about becoming a partner in vision science, visit Doheny.org or contact Molly Ann Woods, Chief Development & Communications Officer, at mwoods@doheny.org.

VISIONARY RESEARCH

Our research benefits your eye health.

Doheny Eye Institute is leading in new treatments for glaucoma, macular degeneration and other causes of visual impairment.

Here in our Orange County Clinic, we:

- Use state-of-the-art technology to make groundbreaking discoveries about the eye and debilitating eye diseases
- Focus on early detection for the best outcomes for our patients' vision
- Connect researchers with clinicians to translate findings into advanced patient care

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Stay ahead of the trends and insights shaping Orange County's business landscape with these can't-miss issues:

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Your ultimate resource for supporting and engaging with the county's most impactful charitable events in 2025.

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Healthcare Special Report

Explore the innovations, challenges, and leaders shaping the future of healthcare in our region.

January 27, 2025:
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Uncover the venues, trends, and strategies driving Orange County's thriving meetings and conventions industry.

February 24, 2025:
Banking Special Report

Gain insights into the financial trends and institutions powering growth in Orange County and beyond.

February 3, 2025:
The Largest Charitable Gifts of 2024

Celebrate the generosity of Orange County's philanthropic leaders and the transformative impact of their contributions.

March 3, 2025
Top Real Estate Deals and 2024 Top Home Sales

Dive into the biggest property transactions and luxury home sales that defined Orange County's real estate market in 2024.

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MemorialCare's Virtual Care Options for a Healthier You in 2025

Start the year strong with MemorialCare's innovative virtual care options, offering convenient 24/7 access to trusted providers, personalized treatment plans, and seamless support to help you achieve your health goals.

As the new year unfolds, it's time to set health goals, prioritizing convenience and well-being. MemorialCare's 24/7 Virtual Urgent Care and Virtual Exam Kit are leading innovations designed to provide accessible, high-quality care that fits your busy life — especially during the heightened risks of cold and flu season, typically through March.

Virtual care offers an invaluable solution for busy professionals, especially during cold and flu season when time is limited and health risks are high. As companies return to office routines and schedules ramp up in January, virtual care provides a convenient, cost-effective way to manage illness without disrupting workdays. Instead of navigating traffic, scheduling conflicts, or crowded waiting rooms, individuals can connect with trusted healthcare providers from their homes or offices. This seamless approach saves time and minimizes exposure to other germs, ensuring productivity and well-being remain priorities in the new year.

Virtual care is a vital resource for professionals balancing work with caregiving responsibilities for aging parents. Seniors, who are often more vulnerable to seasonal illnesses, benefit significantly from the convenience of consulting with their physician without the need to travel during inclement weather or risk exposure to crowded environments. For caregivers, it offers peace of mind knowing their loved ones can access timely medical advice or manage chronic conditions without disruption. Virtual care also ensures quick support for sudden illnesses, minor injuries, or prescription needs, aligning with long-term health goals while saving time and reducing stress for the entire family.

MemorialCare's 24/7 Virtual Urgent Care replicates the experience of visiting an in-person urgent care center, offering the convenience of receiving immediate medical attention. You can also send any prescriptions you may need directly to your local pharmacy from the comfort of your home.

Patients can meet with a trusted provider who can swiftly evaluate their symptoms, provide timely diagnoses, and develop appropriate treatment plans.

The MemorialCare Virtual Exam Kit, powered by TytoCare, takes virtual visits to the next level. This FDA-cleared device allows patients to conduct real-time exams, capturing heart and lung sounds, temperature, and detailed throat, ears, and skin images. Providers gain the insights they need for accurate diagnoses and personalized treatment plans.

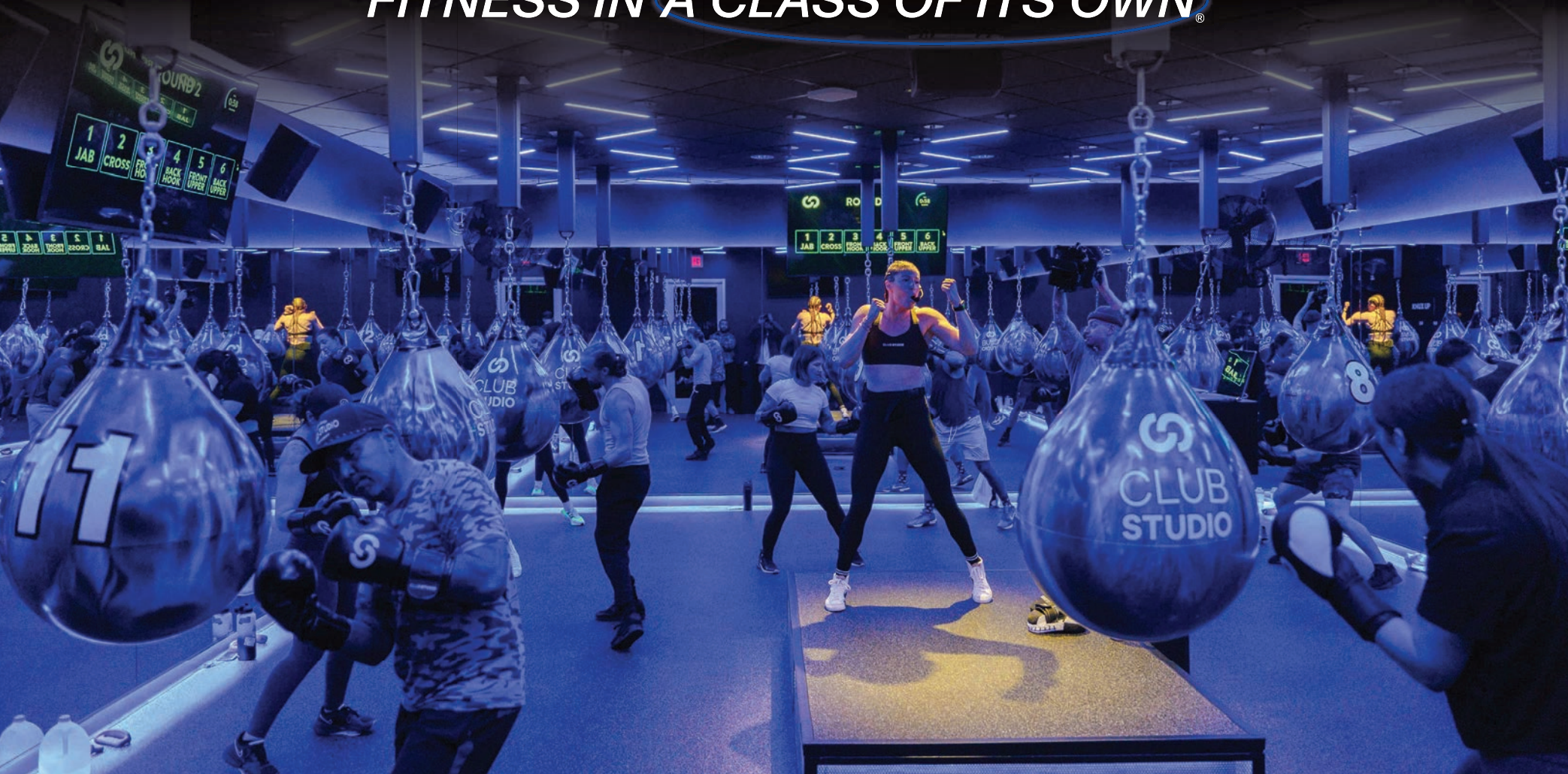
January marks a time for setting new health goals and when many insurance changes take effect, making it an ideal moment to establish or reaffirm your relationship with a trusted physician. While virtual urgent care offers a transformative solution for addressing immediate health concerns — especially when you're too sick to leave the house or can't get an appointment with your doctor — it's just one piece of the puzzle.

MemorialCare Medical Group is committed to delivering innovative, patient-centered care focusing on convenience and accessibility. Our 24/7 Virtual Urgent Care services provide patients with immediate access to expert medical advice and treatment from the comfort of their homes. Coupled with our round-the-clock Telephone Advice Nurses, we make it easier than ever to manage your health needs and prioritize well-being in the new year.

Want to learn more? Visit [memorialcare.org/medicalgroup](https://www.memorialcare.org/medicalgroup) or call (877) 696-3622.

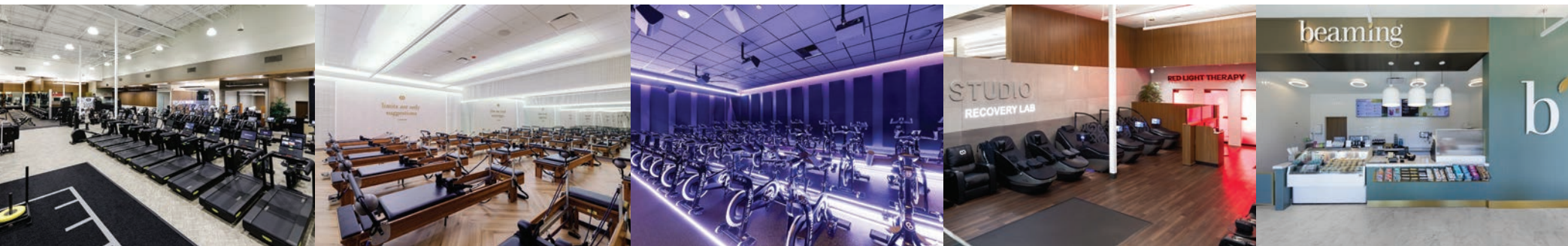


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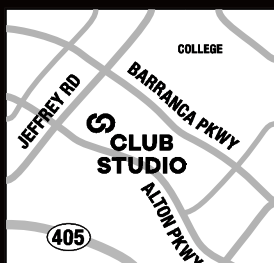


Welcome to a new cutting-edge fitness experience that brings top-of-the-line amenities, best in boutique studio classes, and wellness services together in one gym.

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